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FILE NAME: NOVAK SIGHTINGS  
SUBJECT: LASZLO NOVAK  
LOCATION: BANKSTOWN  
DATE: 22/12/2000

This report is a transcript of the actual hypnotic regression conducted by Frank Wilks on 22<sup>nd</sup> December 2000. Laszlo Novak was advised to approach Franklin Wilks regarding possible suppressed memories of the 5<sup>th</sup> June 1999 encounter. Laszlo Novak had, since the incident, been experiencing emotional disorders.

The following context describes the conversation between the hypnotherapist and the subject who at the time was in a state of regression. Please note that due to Mr. Novak's non-English speaking background some of his statements remain unclear:

5:16pm

FW - What is it that's coming to mind, right now?

Long pause

LN - The object is in front of me.

FW - What's that again?

LN - The object is just atop of my head.

FW - Aha.

LN - In front of me.

FW - Right.

Pause

FW - Tell us about that.

LN - This is gone (?) ... (Emotional) I have no idea.

FW - Aha.

5:17pm

LN - My leg is just going to ... looks something ... electrocute ... I have no idea.

FW - Aha.

Pause

LN - I feel like flying.

FW - You feel like you were flying?

LN - I feel like flying ... what was that ... I try to get it on the camera ... I couldn't get them.

FW - Aha.

Pause

LN - I don't know!

FW - Just continue, moving through the experience. What's happening now in that experience for you?

LN - (settled state) it's just a funny feel.

5:18pm

FW - What feeling is it that you have?

LN - (?) I don't know what they do that.

FW - Something obviously upset you greatly. What was it that upset you?

LN - I have no idea ... I have no idea what it is, something very strange.

FW - Describe the feeling.

LN - I see something ... something ... I still see something ... I saw that object move very smoothly, slowly ... I have no idea.

5:19pm

FW - But something caused you to be emotional? What was that?

LN - I don't know.

FW - What was that feeling, tell us about that feeling.

LN - The feeling was like ... I was shake ... I don't know, like something coming from my toe ... like electrocute something.

FW - Aha.

LN - I feel something ... I get some funny feel.

FW - So you felt like there was electricity going through you?

LN - Yeah, that's right.

FW - Aha. OK, and so what happened to you? How did you respond to that feeling?

LN - (Emotional) I don't know ... something ... something I'm feeling, exactly something ... it's ... I don't know, I have no idea.

FW - Aha. But it's upset you greatly?

5:20pm

LN - I don't know, something ... I don't know what happened.

FW - But something happened. If you did know, what would you say?

LN - I really don't know!

FW - OK.

LN - I don't know. It's something there on top of my head.

FW - Something on the top of your head?

LN - (Settled) Yeah ... no ... it feels like the object is still there.

FW - You feel like the object is still there? So ... it was some material, physical thing on top of your head?

LN - It looks like the object is still there.

FW - The object ... where is the object now?

5:21pm

LN - It's still ... (Emotional) still looks like it's there over the trees.

FW - Aha.

LN - I don't know ... I have no idea.

FW - And what did the object look like?

LN - That's look like a doughnut shape.

FW - OK.

LN - (Settled) Like a black hole in the middle section ... I have no idea.

FW - So what is it about this thing in the sky that's upsetting you so much?

LN - I don't know. I tried to get it on the camera ... I can't get it on ... I don't know. That's, I feel like something in the ... like electrocuted my leg (?). I have no idea.

FW - Aha.

LN - I have no idea, I have no idea what they (?).

5:22pm

FW - So you feel that there's a shock? Now, did that cause your body to feel in a certain way? How did your body respond to that electrical feeling?

LN - I feel there's ... that something happen ... I think something impossible happen. I think something happen because it's made me very emotional.

FW - Aha. What happened when this electricity went through you?

LN - It feels like my legs relaxed.

FW - You felt like you relaxed?

LN - Yeah.

FW - And ... was it a good feeling or was it a bad feeling?

LN - That was a funny, very strange feeling.

5:23pm

Pause

LN - (Emotional) I don't know (?), this thing ... they took me up ... I don't know.

FW - Aha.

LN - I get a (?) something, some feel to leg again. I don't know what's there, look like electrocute my leg ... I don't know ... something very funny going now, I don't know, feel like flying but I don't know, I don't know. (Settled) It's something funny, like ... I don't know what thing ... I have no idea. I haven't feel that before.

FW - OK, when that electricity went through you, did you remain conscious as far as you know?

LN - Looks like I'm still awake and, but something coming from my feet through my body ... I don't know what made me emotional. I have no idea what, what happened, what's going on.

5:24pm

FW - Aha. So after that happened, if we move along a little further, after that happened ... then what happened?

LN - Feel like flying but I have no idea.

FW - So you felt like ... that you were flying?

LN - Feel like flying but still I have no idea.

FW - Describe the flying.

LN - (Emotional) I don't know, can't say anything ... object is right atop of my head. I don't know, I have no idea what they going to do. I have no idea.

FW - What 'they' are going to do?

LN - Oh ... I don't know. I feel like I'm still there.

FW - Who are 'they'?

LN - I see some ... some little thing ... creature (?), I don't know.

FW - A creature?

LN - I don't know ... (Weeping). I have no idea what they are.

5:25pm

FW - If you ...

LN - I still ... I feel like I'm on a table. (Emotional) I don't know.

FW - You're on a table?

LN - I have no idea, I don't know.

FW - And you ... feel or see there's a creature there?

LN - Yeah ... I feel like.

FW - Describe the creature.

LN - Looks like a ... I don't know ... I don't know ... I have no idea (settled).

FW - Well a part of you doesn't seem to know but a part of you does know. Let the part of you that does know tell us about it.

LN - I can't see inside, I can't see it but I don't know what happened to me. I have no idea. I feel like I'm still awake and I still see something ...

FW - OK.

LN - ... and I feel like shaken, my hand shaken ... I have no idea, I have no idea and I saw the object right atop of me and I don't know.

5:26pm

FW - Well a part of you has no idea but a part of you does know. That part that does know can tell us what happened.

Pause

FW - There's a part of you there, that you felt yourself on a table and there was a creature ...

LN - That's ...

FW - Were you dressed or undressed?

Pause

LN - I don't know.

FW - Aha. What did it feel like?

Pause

FW - Were you free to move or not free?

LN - They're in front of me and I have no idea. I can't ...

FW - So they're in front of you? They're in front of you ... more than one?

LN - Yeah.

FW - How many?

Pause

LN - I don't know, I can't see.

FW - If you did know, what would you say?

5:27pm

Pause

LN - I don't know ... I have no idea what they're doing ... it's funny, it's very funny (?). Now I feel like I'm back again.

FW - Aha. Well that's fine that you've come back again now ... and I'd like you to come back for us too because I feel that it has been fairly ...

...

LN - I don't know what happened to me.

FW - ... Successful. So I want you to leave that scene now and I want you to come back. But I want you to know that at another time we will return to this ... and we will return to it easily ... as soon as I ask you to do it ... whenever I drop your hand and say the words 'deep asleep'.

LN - (?) something.

FW - You'll go down in a nice relaxed state like you are now and then when I ask, you'll be able to easily return to this scene.

5:28pm

FW - But in the meantime the part of you in the mind will be working towards delving into those memories that's difficult, those memories that seemed to be blocked from your conscious mind.

LN - (Emotional) I don't know the object is still there.

FW - ...

LN - It doesn't move ... its still there. I see that's atop of my ...

FW - Yeah.

LN - And the lights is spinning around. I have no idea ...

FW - That's all right.

LN - I see something ... I don't ...

FW - But you are safe ... now.

LN - (Settled) I was think about it, I didn't use the camera ... I feel like I'm there, I have no idea.

FW - Aha.

LN - (Emotional) But I don't know what happened (settled).

Pause

5:29pm

LN - I'm still there.

FW - That's alright.

LN - (Emotional) I still see the object.

FW - ...

LN - I still see ...

(Pause)

LN - (?) big as how I see before.

5:30pm

LN - I'm sweating.

FW - What's happening?

LN - I feel like sweating.

(Pause)

LN - Heat over me.

FW - I see.

LN - Heat over me.

FW - There's heat over you?

5:31pm

LN - Yeah. The heat ... big heat.

FW - Alright ... OK. So what sort of heat?

LN - I feel like being on a (?).

FW - Yes.

LN - I feel like ... you know, shake.

FW - What's happening?

LN - I feel like shake.

FW - You're shaking ... and there's heat ...

LN - That's funny. The object doesn't move and still there. And I was think about and still move away ... it was still there. Why doesn't move out ... and it's still there?

FW - Well, that's not something we need to know. All that we need to know ...

LN - Why the object doesn't move? And when I still remember when I was awake. That object move away and I try to get it on the camera and the camera was shut off and I have no idea why but I feel like I was still awake and I have no idea what happened to me.

5:32pm  
(Long pause)

5:33pm  
(Long pause)

LN - (Emotions building) That's a really big object ... it's very big. I feel like I still-still there. They're coming very close down, above the tree.  
(Pause)

5:34pm

LN - (Settled) My feet and my leg is very cold. I feel cold.  
FW - Your feet are cold.  
LN - Yeah.  
FW - Aha. Only your feet?  
LN - Body it is hot and sweating but my feet is very cold.  
FW - Aha. Have you ... what's on your feet? Are your feet unshod ... or?  
LN - They're next to my feet.  
FW - Yeah.  
LN - (Emotional) I have no idea what they've done!  
FW - What ... who did?  
LN - I don't know? That's ... that's look like grey with big eye ... I don't know what they're doing.  
FW - What is it?  
LN - They have got a big head.  
FW - Got a big head?  
LN - I have no idea. That's ... that's very cloudy in front of me and my head ... I have no idea.

5:35pm

LN - They've done something to my feet and I have no idea what they're doing at my feet, it's very cold. I feel nothing. Looks like they watch my leg, watch my feet ... I have no idea what they're doing.  
FW - How many are there?  
LN - (Settled) That's ... one ... two ... three, I have no idea. It looks like a cloud in front of me, I don't know what.  
FW - Aha. There's a cloud in front of you but there seems to be three of these ... whatever. How big are they?  
LN - It wasn't too big.  
FW - Well ... are they as big as you?  
LN - No ... smaller.  
FW - Aha.

5:36pm

LN - But ... I see something but I have no idea. I don't know. My legs, my feet is very cold.  
Pause.  
LN - (Emotions building) They did something to me but I don't know. Still there ... I don't know what they're doing I have no idea. It's looks like they ... feet is a little bit up.  
FW - Your feet are elevated, is that it?  
LN - (Settled) Yeah. I think a little bit up. My head is down.

FW - Your head is down and your feet's up?

LN - I don't know they did something to my feet. I have no idea what they're doing.

5:37pm

FW - OK. Do you have anything on your feet or are they bare?

LN - At the right of my feet some little creature and I ... I see very cloudy. I didn't see any aircraft or anything inside how they look like or what they're doing, just I feel like something ... my hand is-is shake.

FW - Your hand is shaking?

LN - Hand is shaking. I don't know.

FW - OK, move on to the next part of that. Move on a few more minutes and see what else is happening.

LN - They did something to my ... right feet. I don't know what they're doing.

FW - What does it feel like they're doing to your feet?

LN - I don't know.

FW - If you did know, what would you say?

LN - Just and a both feet is-is cold and my hand is still shake.

FW - And your hand is shaking?

5:38pm

LN - Yeah. I don't, I have no idea. I never get that feeling before.

FW - Aha.

LN - I think that object is-is moving away but it's still, its still there. I want ... I want ... look at the big eyes, shadowy eye. (Emotional) I see that's in front of me ... just right of me. I don't know, I have no idea.

FW -Which foot is it?

LN - On my right feet.

FW - On your right foot, OK.

LN - I don't know. They do something...

FW - OK.

LN - ... (?) up again.

FW - Well can you lift your right foot up and have a look?

LN - Yes I can. But it's very hard. It's hard.

FW - Aha.

LN - I don't know ... it's hard.

FW - Is something holding your foot down?

5:39pm

LN - Yeah ... it's-it's heavy.

FW - It's heavy.

LN - (Settled) It's heavy. I don't know. It's heavy, my arm is heavy, still heavy ... my arm, my feet is very heavy. I don't know. They did something.

FW - OK. Move a little bit more forward in time ... and see ...

LN - It feel like my hand is, my arm is, my hand is feel like electrocuted. I don't know.

FW - So your hand feels like it's electrocuted too? Which hand?

LN - Both.

FW - Both hands?

LN - Both.

FW - OK, alright.  
LN - And my feet is-is cold.  
FW - I see.  
LN - I feel like I'm on a table.  
FW - You feel like you're on a table?  
LN - (Emotions building) I don't know! (Emotional) I don't know. They do something again.  
FW - They did something ...  
LN - I have no idea what.  
FW - What did they do?  
LN - (Settled) They did something and they do something.  
FW - To what?  
LN - I have no idea.  
FW - To what part of you did they do something?

5:40pm

LN - Somebody ... just a ... right of my feet. I see the one, it's watching my ... I don't know.  
FW - So they're very interested in your feet?  
LN - I don't know. That's never happened before.  
FW - OK. What sort of feeling is it that you have in your feet other than the coldness? When they do something, what do you feel?  
LN - I feel nothing, just like feel my feet it's very cold. And now I feel the ... just at back of my ... I don't know. It's just right there. It's getting funny ... it's getting very funny. It's like the ... pin (?).  
FW - OK.  
LN - I don't know.  
FW - Move forward in time now, further. On the count of three, move forward in time to the next point of interest. (Clap) one, two, three. (Short pause)  
FW - What's happening now?  
(Short pause)

5:41pm

LN - I feel my stomach too.  
FW - Aha.  
LN - Something funny. I feel the pressure here.  
FW - Yeah?  
LN - I feel the pressure here. I don't know.  
FW - And ...  
LN - I don't know.  
FW - And it's a pressure? On the outside or the inside?  
LN - Feel like ... this side here (hands moving around the subject's stomach area).  
FW - Right.  
LN - I feel like something. I don't know. I have no idea.  
FW - Describe the pressure. Is it heavy or light?  
LN - Like they-they put something inside me.  
FW - Aha!  
LN - I don't know.  
FW - So it's an internal?  
LN - Like something and the ... something-something outside, like a big, you know, that's looks like ... something on, but inside something hard (hands moving around the subject's stomach area) ... heavy.



5:42pm

FW - OK.

LN - I don't know.

FW - So does it feel like fluid?

LN - I don't know.

FW - Heavy ...

LN - But I get it, but I ... feel like ... you know, something-something like and a, I don't know ... heavy. A little bit heavy weight.

FW - Something heavy. Heaviness inside your stomach?

LN - Yeah. Something there but I have no idea. It's here (hands moving around the subject's stomach area).

FW - Aha.

LN - I have no idea what is it.

FW - Around the area of the small intestine ... indicating.

LN - It hurts here. I don't know. It's here.

FW - And it hurts on the upper thighs ...

LN - This side here. I feel something but I have no idea.

FW - ... And hips.

LN - And I feel something here, this side of my-my feet.

FW - Aha.

LN - I don't know what is it.

FW - On the inside of your feet?

LN - That's and a ... that's a hurt.

FW - What is it that you feel when you say you feel something with your feet? Describe the feeling.

5:43pm

LN - Big nails.

FW - What was it?

LN - (?) nails.

FW - Nails?

LN - Needles or something. I don't know ... I have no idea what.

(Short pause)

FW - On both feet or just one?

LN - Just only one. Just on the right feet.

FW - Just on the right foot?

LN - Just the right feet.

FW - Right. OK.

(Short pause)

FW - And you feel that-that the feeling is on the outside or the inside of your foot?

LN - I don't feel now.

FW - It's gone now?

LN - It's gone now.

FW - OK.

LN - I don't feel anything.

FW - And how's the stomach?

(Short pause)

LN - It's getting off now.

FW - OK. So move forward in time to the next point of interest. One, two, three (clap). Moving forward to the next point of interest.

LN - My hand is still shake.

FW - Your hand is still shaking?

LN - Yeah.

5:44pm

FW - How about the rest of you?  
LN - My feet, my leg is ... from here to there it's cold.  
FW - Right. So now it's cold all the way ...  
LN - It's all cold.  
FW - From the hip joints down the ...  
LN - ... And feel like my feet is shake.  
FW - Your feet are shaking ... and cold.  
LN - Yes. I still, I saw ... the little creature is-is just fo ... just go  
down, watch my feet.  
FW - Aha.  
LN - I don't know what they're doing.  
FW - What does it look like to you?  
LN - Looks a little ... gnome. Like a little gnome creature.  
FW - Like-like gnomes, yeah. And they're doing something?  
LN - They're doing something but I have no idea what. They watch my  
feet.

5:45pm

(Pause)  
LN - They ... put something down (?). I have no idea what is.  
FW - They put something where?  
LN - Just there.  
FW - On your foot?  
LN - Something there, I don't know.  
FW - OK. Is it hot or cold?  
LN - It looks a little bit cold.  
FW - Hard or soft?  
LN - I can't say.  
FW - What does it feel like to you?  
LN - I feel nothing.  
FW - Aha.  
LN - Just my feet, my leg is cold ...  
FW - OK.  
LN - ... and shake, I'm shake.  
FW - OK. Move forward now a little further in time on the count of  
three.  
LN - And just the little creature is like a curious, just watch-em.  
FW - So they're watching you?  
LN - Just watching me.

5:46pm

FW - OK, observing you? How many?  
LN - Only one I see now.  
FW - Only one now?  
LN - Only one now.  
FW - And where in relation to you?  
LN - Just-just the right side.  
FW - On the right side, OK. At what point, near what part of your body?  
LN - Right of my feet.  
FW - Aha.  
LN - Just right there.  
FW - Is your arm still shaking?  
LN - Yeah.

FW - OK. Is there any point on your arm that's more sensitive than the other parts of your body?  
LN - Left arm is shake more.  
Short pause)

5:47pm

LN - I saw and a black hand ... handbag in front of me now.  
FW - A black hand?  
LN - Handbag.  
FW - A handbag, yes!  
LN - Handbag, yeah.  
FW - Where's the handbag?  
LN - Just of left of me.  
FW - On the left of you?  
LN - Next to the table, but what they doing on there on the table?  
FW - Oh. So a handbag is next to the table, on your table? Is it on your table or another table?  
LN - On the table.  
FW - Uh?  
LN - On the same table but ...

5:48pm

LN - But-but I don't know. They just throw up from the ground on a next to the-the like a bench or something but I (?).  
FW - Aha. Is the handbag open or closed?  
(Short pause)  
LN - I don't know. I can't see.  
FW - Aha.  
(Short pause)  
FW - So, who has the handbag?  
LN - ... Its looks open now.  
FW - Looks open, OK.  
(Short pause)  
FW - And can you see the ...  
LN - ... That's little creature is just a over my body and just I don't understand why? Why they have to be over-over my body and looks something in the bag?  
FW - So they're looking at something in the bag?  
LN - Yeah.  
FW - And they're leaning over you to get to the bag, is that it?  
LN - But they don't know and they just look at them ...  
FW - OK.

5:49pm

LN - ... in the bag.  
FW - What does the creature look like?  
LN - That's a big eye.  
FW - Big eyes. What colour eyes?  
(Short pause)  
LN - That's a dark.  
FW - Dark?  
LN - That's funny.  
(Short pause)  
FW - What colour would you say?  
LN - Very big.

FW - Big, yeah.  
LN - Big black eye.  
FW - Big black eye, is it?  
Short pause.  
FW - And what colour is the creature itself?  
(Short pause)  
LN - Grey.  
FW - Grey! OK.  
LN - Little grey.  
FW - Grey colour. OK, with big black eyes.  
LN - Seem very grey.  
FW - Aha.  
(Pause)  
LN - But why they put me up? Why they take me up? Just I want to get them on the camera (emotions building), I have no idea (emotional).

5:50pm

LN - Why did they do that? Just I wanted ... my cam ... on the, catch-em on the camera that ... I have no idea ... still there but why?  
FW - Aha.  
LN - I don't know.  
FW - And they brought you up?  
LN - Yeah.  
FW - Explain that.  
LN - They are still there (settling). My head is very low down and my feet is up, my ... feels like that. I don't know.  
FW - OK. Your feet are elevated and your head is down.  
LN - Yeah. But why they do? Just I want to get them on ... I was curious. Just I want to know (emotional). (?) See-em, I want to know ... I want to know what they look like inside and I don't know (?) the creature. I don't know what they can't.  
FW - Aha.  
LN - And, and I don't want to do anything about it to them.  
FW - Right.  
LN - Just I saw-em.  
FW - Why don't you ask them what they are doing?

5:51pm

LN - I don't know.  
FW - You could, you could ask them. Ask them what they are doing?  
LN - (Settling) Why? Why they want to do that? I have no idea. I'm feel like ... feel like I fly ... feel like I ... I dizzy.  
FW - Dizzy?  
LN - (Settled) I don't know. I'm dizziness. I don't know. They just watching me ...  
FW - Are you still on the table?  
LN - Yes.  
FW - And you're dizzy? Do they speak to you?  
LN - I try to think.  
(Short pause)  
LN - I don't know.  
FW - And did you see the person anywhere around who owns that handbag? Is it your handbag?  
LN - No, it wasn't mine.  
FW - Whose is it?

LN - I have no idea.

FW - Aha.

LN - I have no idea. That was a lady's handbag, a black one. I don't know.

5:52pm

FW - Aha! Is the lady anywhere to be seen?

LN - Na.

FW - Aha.

LN - I don't see anybody but my hand, my leg it is still cold and shake.

FW - Aha.

LN - I feel (?) very cold and a over my feet ... my ... just here from there to there (showing upper legs), I have no idea.

FW - Aha. So, that's it from-from ...

LN - Still and feel like shake and I don't know. Looks like they tie me down.

FW - Ah!

LN - I don't know.

FW - So what sort of-of restraints have they used on you? Can you see what they're made of? Can you feel what they're made of?

LN - I don't know. Like a dark belt ... belt.

FW - Like a dark b ...

LN - But I don't know why they have-have to be.

FW - Aha.

LN - I let-em to do.

FW - Would you ... what would you say the material ...

LN - I let-em to do what they want to do, I don't know.

FW - OK.

LN - But why they tie me down? I feel in a ... like a court here.

5:53pm

FW - OK, so that's the heaviness on your stomach ...

LN - Yeah.

FW - ... and the heaviness on your legs.

LN - And chest.

FW - And your chest. And what would you say the material was made out of, these restraints?

LN - I get a cold feeling down my feet.

FW - Cold feeling on your feet, yeah. But what-what sort of straps are they holding you down with? What are they made out of? Do you know?

What's it feel like?

LN - It's a dark belt.

FW - It's a dark belt?

LN - Dark belt.

FW - How does it work?

LN - I can't see.

FW - OK. It's alright.

LN - But why I have to feel and a the coldness?

(Short pause)

FW - Well ask them! Did they speak to you?

LN - They just lie down and little bit, you know, just a watch a ... I don't know.

5:54pm

FW -You can speak to them and ask what they're doing and why you're there?

LN - I'm scared.

LN - (Emotional) I'm scared to ask.

FW - Ah.

LN - I'm scared ... I don't know ... I don't know, (settling) my eyes it's looks like ... I close my eyes down and I don't know.

FW - But ...

LN - I'm sweating (settled).

FW - Do they speak to you? Do they communicate with you?

LN - I try but ... they just watch me.

FW - They just watch you?

LN - Look at my body.

FW - Can you see their lips move?

LN - (Emotions building) I see the nuzzle ... like black hole ... two black hole ... that's funny.

FW - And the mouth?

LN - very small mouth.

5:55pm

LN - Yes (settling). And it's just like a little black hole ... and they lift up my feet.

FW - They lifted up your feet?

LN - I don't know what they're doing.

FW - And did they unstrap them or they lifted the whole thing?

LN - I never think why this is happen to me?

FW - Mmm ... well we'd want to know.

LN - I don't think so that's happen.

FW - Why?

LN - I don't know.

FW - What is it, what is it they're doing? Take the risk and ask them.

(Pause)

LN - I don't know.

FW - Do they speak back to you? Do they communicate with you at all?

LN - They didn't talk.

FW - They don't talk? What did they do? How do they communicate?

LN - Just they watch ... they just ... they ... touch my feet.

FW - They touch your feet?

LN - And feel like I'm cold again.

5:56pm

FW - Yeah?

LN - I don't know. That's ...

(Short pause)

LN - ... they just halfway at my feet. It's cold and it's just like a pulse. I don't know what.

FW - Right. So you're aware now that you're on an elevated table with your feet up and held down by some sort of restraints. And I want you to move forward in time on the count of three to another significant time in this experience. One, two, three (clap).

(Long pause)

5:57pm

LN - I feel like there's something ... they did something here (pointing at right leg).  
FW - They did something ...  
LN - They did something there.  
FW - Aha.  
LN - A screwing ... feeling.  
FW - A what?  
LN - Screwing feeling.  
FW - A screwing feeling?  
LN - A screwing feeling. I feel no pain, nothing.  
FW - No pain?  
LN - No pain, but I feel like ... that's funny!  
FW - Is that ... in what part of your leg ... inside or outside?  
LN - That's my cartilage.  
FW - In your cartilage?  
LN - That's my cartilage, just there (pointing to right leg), feel like something.  
FW - Aha.  
LN - I don't know.  
FW - And the screwing feeling ...  
LN - Yeah.  
FW - ... is that with ...  
LN - It's ...  
(Short pause)  
FW - What gives you the screwing feeling?  
LN - They put something there, I don't know.  
FW - Something? Describe the something, the feel of it? What does it feel like, this something?

5:58pm

LN - I feel no pain.  
FW - Aha. No pain, that's good.  
(Short pause)  
LN - That's funny feel! My body, that's like-like swollen and pulsing.  
FW - Aha.  
(Long pause)  
LN - I saw some lights.  
FW - You saw some lights?  
LN - Some lights.  
(Short pause)  
LN - Just front of me.  
FW - Yep. You saw some lights. And where are these lights?  
LN - Just above me. Just over ... my feet.  
FW - The lights are over your feet? How big are these lights?

5:59pm

LN - Like a ... funny. Like a (?). Not a sharp, not a strong lights.  
(Short pause)  
LN - Just like ... I don't know how can I go there. Over my cartilage, there (pointing).  
FW - OK.  
LN - Just and a feel cold again.  
FW - OK.  
LN - I feel pulsing something like that.  
FW -What colour are those lights?

LN - White.

FW - White. OK. And about how big are those lights? What do they look like?

LN - Like ... looks like ... I don't know, like (?).

(Short pause)

6:00pm

LN - Like surgery.

FW - Aha.

LN - But that lights is not sharp.

FW - They're not sharp?

LN - Not sharp.

FW - Aha. So ...

LN - From here to there (pointing to thighs and upper knee area) feel like cold again. Like pulsing. Funny feel.

(Short pause)

FW - Describe the funny feeling.

LN - Looks like a vibrating something, like ...

FW - Aha.

LN - Vibrating something, I don't know. That feel, I feel always like that.

FW - So that vibration ...

LN - Yes

FW - ... where is it coming from?

6:01pm

LN - No, no that's ... is getting hurt down there (voice distorts due to slight shock). Is getting hurt there (pointing to left leg).

FW - Right. It's hurting now?

LN - Yeah. It's hurting now a little bit.

FW - On your right foot, is it?

LN - On the left.

FW - On the left foot.

LN - On the left.

FW - Aha. Where on your foot?

LN - In the middle section.

FW - In the middle of the sole of your foot?

LN - Yeah. Just above the cartilage ... and ... I don't know. That's (?) my feet. It's hurt there. I try to lift up my feet.

FW - Aha.

LN - It's ... (struggling groan) very heavy.

FW - OK.

LN - It's right here (slightly lifting up right leg).

FW - Oh ... right there? OK.

LN - It's heavy.

FW - OK. And ... what sort of pain is it?

LN - I don't know. They look at something there.

FW - Is it on the surface or is it deep?

LN - It's feel like surface.

FW - OK. It's on the shin ...

LN - Yeah.

6:02pm

FW - OK. And what sort of hurting is it? Is it sharp or is it dull?



LN - Na, that's just ... just I feel it there again (pointing at right knee). And a little bit ... little bit funny feel, but that's not much.  
FW - OK. So ...  
LN - I don't know (mumbles to himself).  
FW - What would you think would cause this sort of a pain?  
LN - That's looks like touching feel.  
FW - What is it?  
LN - That's touching.  
FW - A touching. Is it a pressing ...  
LN - Pressing, something.  
FW - And it's pressing with what?  
LN - My cartilage, just there (pointing to left leg). I don't know.  
FW - Yeah, I understand where it is.  
LN - I don't know how it got there. Now they're back to the right.  
FW - How ... on the right?  
LN - That's on the right of me, that's creature.  
FW - How many are there?

6:03pm

LN - Two.  
FW - Two now?  
LN - Two now ... three!  
FW - Three!  
LN - Three. Just to the le ... just the right.  
FW - Right. And they're very interested in your feet?  
LN - And the funny feel is coming from there to here (pointing to thighs and then abdomen).  
FW - Ah!  
LN - Right here to down, I don't know what they do.  
FW - So ... there's a ... would you say a stimulation?  
LN - Looking, they're watching. I don't know what they're doing.  
FW - Aha.  
LN - I can see now a sharp (?) in his hand, that's like a ... oval (tracing an oval shape in the air) like that ... and ... eyes, it's like the big eye like ... like this shape (tracing a large oval shape in the air).  
FW - Big eyes?  
LN - Yeah.  
FW - And ... and how are you dressed at this time? Are you dressed or undressed?  
LN - I don't see any, I don't feel any.

6:04pm

FW - Do you feel that you have any clothing on?  
LN - I feel just cold.  
FW - You just feel cold.  
LN - I feel just cold.  
FW - Can you feel any clothing on you?  
LN - I feel nothing.  
FW - Right.  
LN - Nothing.  
FW - Nothing. OK.  
LN - I feel cold, I feel sweaty.  
FW - Right. And now they've moved back to three and what's happening next?

LN - They just something put and a ... just (pointing at groin) over there.  
FW - Between your leg?  
LN - They put some-some machine. I don't know what they-they put something there. I don't see anything. And they look at something, I don't know.  
FW - So they put something ... on your leg or between your leg?  
LN - Between.  
FW - Between your leg.  
LN - Between.  
(Short pause)

6:05pm.

LN - I feel nothing just I feel cold again.  
(Short pause)  
LN - I was still (?), I was still down to the ground.  
(Short pause)  
LN - Something happen but I couldn't explain.  
(Short pause)  
LN - You know that's what I see, just I feel, see like a shadow.  
FW - A shadow, yeah. Where's the shadow?  
LN - Just I feel a shadow in front me and I can't see the little creatures (?) ...  
FW - Ah, that was that cloud that you spoke about before.  
LN - Cloud, yes.  
FW - Yeah. That shadow that cloud in front of you.  
LN - That's cloud in front of me.  
FW - Is there something over your face?  
LN - Just a little creature there.

6:06pm

LN - It's very close to my face.  
FW - Ah!  
(Short pause)  
FW - And what does it look like?  
(Short pause)  
LN - (Emotional) That's what I ... I can't accept before. Something (?) before.  
FW - Aha.  
LN - How it looks. I didn't see before. I didn't know. I didn't accept. They put me up.  
FW - Mm. How did they put you up?  
LN - (Settling) I don't know how-how can I ... (stuttering) how can I get it here.  
FW - Right.  
LN - (Settled) My leg is and my feet is shaken, and I feel like and a ... like shake.  
FW - Yep.  
LN - I don't know. They do something but I don't know what. I'm shake.  
FW - Aha.  
(Short pause)  
FW - And you feel that sensation come from where?

6:07pm

LN - Yeah, looks like up my leg.  
FW - Looks like it?  
LN - From here (pointing to thighs) something out.  
FW - Right.  
LN - I feel heavy.  
FW - You're feeling heavy?  
LN - Yeah.  
FW - Right ... all right. On the count of three I wan you to move on to the next significant incidence in this experience. One, two, three (clap).  
(Long pause)  
LN - How I get there? That's a black, dark hole in the middle.  
FW - Black ... dark ... hole ... in the middle?  
LN - In the middle of the object.  
FW - In the middle of the object?  
LN - I saw-em that ... and ... just I think ...

6:08pm

FW - Where are you now?  
LN - I'm still on the table.  
FW - Right. And there's a black, dark hole in the middle of what object?  
LN - Yeah.  
FW - What object?  
LN - That's doughnut shape.  
FW - What's a doughnut shape?  
(Short pause)  
FW - You're on the table?  
LN - That's looks like ... that's how I see the object. That's ... I try (tracing a large oval shape in air very slowly). It's wasn't sharp edge. It's like that.  
FW - Aha.  
LN - Like that and the top middle section (tracing a small semi-circular shape above previously traced oval shape) has look like a bulbs.  
FW - I see.  
LN - (still tracing) And they have got and a bulbs, that's like-like this.  
FW - Aha.  
LN - (Still tracing in air) And the top has got and a orange lights.

6:09pm

LN - It was like a pulsing, flashing.  
FW - Yeah.  
LN - (Still tracing) And the middle section, it wasn't a sharp like-like that (tracing a 'V' shape).  
FW - Right.  
LN - (Still tracing) Like that. It was like a doughnut (tracing a large ecliptic shape in air).  
FW - Right. So you're still on the table remembering this?  
LN - Still there.  
FW - Is that what you're telling me?  
LN - Yeah.  
FW - OK. So you're remembering what happened before you got onto the table?

LN - That's object.  
FW - Yeah, but what we're interested in now, is to move forward in this experience of being on the table on the count of three to the next significant part. One, two, three (clap)!  
(Short pause)  
FW - What happens next?  
LN - It's like I see the little windows.  
FW - Little windows!  
LN - Little windows.

6:10pm

FW - In what?  
LN - Just and a ... just a ... like a porthole.  
FW - Like a porthole. How many ... portholes?  
LN - Just I saw in a front of me, I couldn't see next ... right and that.  
FW - How many did you see?  
LN - Like that (tracing small circle in air).  
FW - Yeah.  
LN - Just next to the ... it's very close, very close together.  
FW - Yeah.  
LN - (Still tracing) Very close, that's a little ... like a ... in the middle of the (stuttering) ... that's object body.  
FW - Aha.  
LN - What I think (?) ... they are far from the lights, I think. I don't know, that's ... funny.  
FW - So are these portholes you're talking about on the inside or outside of this object?  
LN - Inside.  
FW - That's right, so you're looking from ...

6:11pm

LN - Inside.  
FW - On the table?  
LN - And I see that looks ... another table. It's like that direction is from the porthole (hands outstretched).  
FW - Another table?  
LN - Yeah, that's looks like it's a table.  
FW - Is there anything on that table?  
Short pause  
LN - I'm here (left hand placed above stomach).  
FW - You're there?  
LN - Porthole is there (right hand outstretched).  
FW - I see.  
LN - Another table is like that (right hand still outstretched).  
FW - Yeah.  
LN - It's coming like that (right hand gently moves down and slowly begins tracing a circle in the air). I see a shadow but I have no idea. I can't see it.  
FW - Is there anything on that other table?  
LN - I can't see.  
FW - Then you can see the table?  
LN - I saw, looks ... I don't know. I still can see the handbag.  
FW - You can see the handbag?

6:12pm

LN - Green handbag next to me.  
FW - Got the handbag next to you?  
LN - On the left side. Look like there's something on the table?  
(Short pause)  
LN - Some shadow there, I don't know.  
FW - There's a shadow on the table.  
LN - I can't see anybody but the shadow.  
FW - How big is the shadow?  
LN - I see like a human body.  
FW - It looks like the shadow of a human body?  
LN - Yeah. I think that's a ... that's a male.  
FW - You think it's a male? What makes you think that?  
LN - Is still dressed.  
FW - Still dressed. In what sort of clothing?

6:13pm

LN - Dark.  
FW - What else do you see?  
LN - Dark trousers.  
FW - Dark trousers.  
LN - I think the ... white t-shirt. White shirt over not t-shirt-shirt.  
FW - Shirt, OK.  
LN - I think white, not sure.  
FW - OK. If you look around, are there any other tables in this room?  
(Long pause)  
LN - It's not one.  
FW - No more?  
LN - It's not one table, it's more.  
FW - There's more, more than one table?  
LN - More than one.  
FW - How many more would you say?  
LN - Right front of me that's looks like a porthole there (subject slowly waving around right hand in front).

6:14pm

FW - Yes.  
LN - And look like that's next to the porthole, it's coming like that down (right hand slowly descending).  
FW - Aha.  
LN - It's like ... (?) what I see inside.  
FW - How many tables?  
LN - That's like a round. Looks like a round but ... I can't see.  
FW - Aha.  
LN - Just a shadow.  
FW - It's a shadow that's there?  
LN - Just a shadow.  
FW - On those other tables ...  
LN - The creature is still there.  
FW - The creature, right.  
LN - Still there.  
FW - Still in the ... he's still in the way of your vision?  
LN - Yeah, over the table.  
FW - Yeah, so he-he gets in the way of your vision, doesn't he?  
LN - My feet.

FW - Oh, he's still at your feet?

LN - Still at my feet and I have no idea what they're doing.

6:15pm

(Long pause)

LN - That's looks like an aeroplane porthole. That's ... (Stuttering) similar like aeroplane porthole. That's not an aeroplane porthole. Looks like aeroplane window.

FW - Aha.

LN - It's not. It's looks like it.

FW - Looks like an aeroplane window, yeah?

LN - But that's not. And that's ... very funny.

Short pause

FW - What's funny?

LN - I feel that's a dream.

6:16pm

LN - I'm on the table but ... the little creature is just turn over me ... my feet ... watching something, but ... it's still ... here it's cold, I feel cold.

FW - And the little creature is doing what?

LN - I don't know. It's still like a curious and I don't know that's ... one from left, they coming and another one. It's now is three.

FW - There's three?

LN - Before it was one. Now two ... three.

FW - Right.

LN - Another something funny. Lights it's from there (hand outstretched), and looks like a ... like a ... it's like a something.

6:17pm

LN - I feel hurt there (hand on top of right thigh).

FW - You feel hurt there?

LN - Just right there.

FW - On the right, on the right thigh?

LN - Yeah.

FW - OK, on the top of the right thigh.

LN - They put something out ... I don't know what.

FW - So ...

LN - Why they going to exam me? Just I wanna make ... on a camera.

FW - Ask them.

LN - Then I saw them. Why they doing?

FW - I see.

LN - Just they going to exam me.

FW - Yeah.

LN - Why they wanna exam me?

FW - Ask them. Why do you want to exam me?

LN - They say they don't want to hurt me.

FW - They don't want to hurt you?

LN - (Emotional) They just wanna exam me?

FW - I see.

LN - I don't know.

FW - So they said they don't want to hurt you?

LN - They lift up, they point the finger on me.

FW - Aha.

LN - They said, don't worry ... I don't hurt, just wanna exam ya.

6:18pm

FW - OK. How did they tell you that? How did they ...

LN - They lift up the finger like that (hand outstretched, pointing finger forward).

FW - OK.

LN - They point on me, I don't know.

FW - But how did they tell you?

LN - (Settling) I feel ... I see like a laser beam. That's a white laser beam.

FW - Right.

LN - (Settled) That's just like a shadow. I don't know that.

FW - But they told you that they didn't want to hurt you ...

LN - What they want?

FW - ... just examine you. How did they tell you that? Did they speak to you?

LN - Just they lift up a finger. They lift up a hand.

FW - They lift up a finger? And did you hear a voice?

LN - They point on me.

FW - They-they pointed at you ...

LN - That's looks like.

FW - ... and that's how they told you?

LN - It was a white-white flash.

FW - A white flash of laser beam and then you knew, they said they weren't trying to hurt you?

LN - Yeah.

FW - Did you hear any voice?

LN - Na.

6:19pm

FW - No. And where did you receive that message? Outside? Inside your head? In your ears? In your mind?

LN - That's in my mind.

FW - In your mind, OK.

LN - I hope so I just dream.

FW - A dream?

LN - I hope so.

FW - You hope it's just a dream? Do you think it is?

LN - I don't know.

(Short pause)

LN - That's object ... it's like that (hands placed together to form a triangular shape). Like that inside ... like this.

FW - Aha.

6:20pm

LN - It's like a ... (hands now shifting towards the left. Right hand separated and moves towards the right, gradually tracing an ecliptic shape in the air) ... like that (finally completing an oval shape).

FW - Yes.

LN - It's like that.

(Short pause)

FW - And what do you think that is?

LN - I don't know. I try to get it on a camera ... I couldn't.

FW - Right. So you're remembering again, this thing in the sky?

LN - Yeah.

FW - OK, well, let's come back to the table. Let's come back to the table because we have the thing on the film, in the sky. But we want to know more about what happens on this table. So move forward to the next significant incident on the count of three ... one, two, tree (clap)!

(Long pause)

6:21pm

LN - I don't know what-what they going to do? They do something ... still muck around something at my feet.

FW - They're very interested in your feet.

LN - But what they doing?

FW - Ask them.

LN - They just ... take a sample.

FW - They're just taking a sample of what?

LN - I think they do just going take a sample of my feet.

FW - From where on your feet did they take a sample?

LN - I don't know. That's the bottom (left hand pointing down to left leg).

FW - Of which foot?

LN - There.

FW - That one ... the left foot!

LN - That's a ... right foot.

FW - The right foot, OK.

LN - That's a right one. Something flashing lights there (pointing to the lower right with left hand).

FW - Something?

LN - Flashing lights. I don't know what.

6:22pm

FW - Ok, so there are flashing lights. How big are these flashing lights?

LN - They're just like orange flashing lights.

FW - Orange flashing lights? Well, are they as big as a plate?

LN - Just a cloudy, flashing lights.

FW - OK. What else is happening? There are still ... how many creatures are there?

LN - Only one I see. Now that's funny (right hand outstretched)?

There's something from the middle of that's a craft. Something like a table come down like that (right hand slowly moving down).

FW - Where from?

LN - That's the middle of that's object, like that (both hands pointing ahead).

FW - That ...

LN - From the middle.

FW - Ah, and a table came out of that?

6:23pm

LN - Yeah.

FW - So, that's a pretty big thing that object then?

LN - Why they ... I don't know that.

FW - Well if a table ...

LN - The little creature is just next to me.



FW - Yep. OK, well as this table came out, what happens then?  
LN - There's nothing.  
FW - And you will remember all this so you can draw these objects and scenes as well. This will remain infused in your mind so you can sketch and draw all these scenes that you remember. But as that table comes out of that thing, what happens next?  
(Short pause)  
LN - They pick up something.  
FW - They do, or the table is going to pick up something?  
LN - On the right side, that's next to my ... just right here (right hand pointing to the far right).  
FW - Right.  
LN - Right of me ... pick up something.

6:24pm

FW - What is it that they ...  
LN - From the ... there like a ... they pick up something.  
FW - Is the handbag still there?  
LN - (?) Still lay there.  
FW - The handbag is still there, fine.  
LN - The handbag is still there.  
FW - OK. So what is it they pick up?  
LN - They pick up something from that ... what they coming that from the table.  
FW - Oh! So the thing was on the table? So they're taking it off the table, is that correct?  
LN - Yes.  
FW - I see. And what is that thing? What does it look like?  
(Short pause)  
LN - Very tiny something.  
FW - Something very tiny.  
LN - They touch my feet.  
FW - And they touch your feet with it?  
LN - Yeah.  
FW - Ah! Is it metallic? Or organic? Or ...  
LN - Looks like metallic.  
FW - Metallic! Is it shiny or dark?  
(Short pause)

6:25pm

LN - I don't know what is.  
FW - Is it hot or cold?  
LN - I feel nothing.  
FW - Right.  
LN - My feet is lump.  
FW - Aha, and they touch your feet with it? And, what are they doing to your feet with this thing?  
(Short pause)  
LN - They going to put something in my feet.  
FW - They're going to put something in your feet?  
LN - I don't know. They going to, I don't know.  
FW - Is it going to stay in your feet or ...  
LN - I don't know, they-they muck around something but I have no idea.  
FW - OK. Well proceed with the experience and let us know what happens.  
(Long pause)

6:26pm

LN - They didn't hurt me now.

(Long pause)

FW - They're still doing something to your feet?

(Short pause)

LN - They do something in a opposite me.

FW - Opposite to you?

LN - Yeah.

FW - What are they doing?

(Short pause)

LN - Two of them.

FW - Two? What sort of clothing do they have?

6:27pm

LN - It's a grey.

FW - They're grey?

LN - It's wasn't any ... looks like a ... it's a grey, shiny. It's a light grey.

(Short pause)

FW - A light grey. Is that some-some sort of clothing or is it the colour of their skin?

LN - I don't know. That's a shiny clothing.

FW - I see.

LN - I don't know.

FW - Can you, can you see any neck or sleeves, or legs to this clothing?

(Long pause)

6:28pm

FW - Can you see what they're wearing?

(Long pause)

FW - What's happening now?

LN - I don't know.

FW - You seem very relaxed? Is that correct?

LN - Yeah.

FW - Aha. Are they still there?

LN - Looks like it.

FW - How many?

(Long pause)

6:29pm

FW - What happened?

LN - That's craft.

FW - I beg your pardon?

LN - That's craft is funny.

FW - I see.

(Short pause)

FW - How many are there?

LN - It's dark chair, it's in front of me.

FW - A chair!

LN - Like a ... like a ... yeah.

FW - What sort of chair?

(Short pause)

LN - It's another creature.

FW - Right. And this creature, is it the same as the other creatures?

LN - That's the same.

FW - The same. And is this creature dressed at all?

LN - That's a like grey.

FW - It's a light grey?

6:30pm

FW - Is it light grey clothing or a light grey skin?

LN - Light grey. Shiny.

FW - Shiny ...

(Short pause)

FW - Shiny clothing or shiny skin?

LN - I don't know. That's probably skin.

FW - Aha.

LN - I can't see that.

FW - And, what is this creature? Is this an extra creature or one of the same three that's sitting in the chair?

(Long pause)

FW - Is this a different creature? Have you seen this creature before or is it one of the previous three that is now sitting in the chair?

(Short pause)

FW - And what's the purpose of this person in this situation? Do they have more or less authority than the others?

6:31pm

FW - What's happening now?

Long pause

FW - What are you aware of this time? What can you see, hear or feel? What are your senses telling you?

(Long pause)

6:32pm

FW - What is happening now? Is something happening to you?

(Short pause)

LN - I think I'm back now.

FW - You're back?

LN - I think I'm back.

FW - Ah, that's OK then. OK. I want you to take ten deep breaths, and with each breath you'll feel yourself coming back here more and more.

LN - I fly back now.

FW - OK, you're flying back.

(Short pause)

FW - And when you get back ... how is it you're flying back?

6:33pm

FW - In what manner is this flying?

LN - I'm flying back.

FW - How?

LN - My leg is back. Looks like the object is like that (right hand slightly extended towards the right).

FW - I see.

LN - The object move out.  
FW - And the object's going away?  
LN - Yeah.  
FW - And where are you?  
(Short pause)  
LN - And now I got a camera in my hand.  
FW - You got the camera in your hand, you're back on the ground?  
LN - Yeah.  
FW - OK.  
LN - Just have a look up there.  
FW - OK.  
LN - I try to get it on the camera.  
FW - OK.  
LN - I try to stop a car.  
FW - Yeah.  
LN - And the object is move out. I can't get it on a camera. I have no idea why.  
FW - Aha. So now we know why you didn't get it on the camera because you weren't there.  
LN - I try (slightly emotional).  
FW - That's fine. You did a very good job. You did even better than getting it on the camera. You had the actual experience.

6:34pm

FW - So I want you to come back now.  
LN - I see myself ... down. I saw the-the people that's come next to me.  
FW - Aha.  
LN - And the object is just very far to me.  
FW - Yes.  
LN - And I try to get it on the both, straight away ... but I can get only one. I think that's a mothership.  
FW - A mothership?  
LN - I think.  
FW - So the ship is gone now?  
LN - Gone now.  
FW - OK. And you're back on the ground, safe and secure.  
LN - That's the camera next to the ... tree.  
FW - Right. Now, I want you to come back to us ... OK? I want you to take ten deep breaths, and I want you to come right back here and be fully wide awake.

6:35pm

FW - Wide-awake. More awake than you've ever been in your entire life. Fully conscious and aware. Having memory of everything that happened, so that in your own time you can make sketches of all these events, of the creatures, of the table, of the portholes ... of the other table with someone on it. A male, or dressed in male clothing ... that the other creature in the comfortable chair. All these things you will remember clearly so that you can make sketches of them. Don't try too hard, just let it happen. And now on the tenth breath, find yourself coming right back here, being fully awake and aware. Tenth breath (clap), eyes wide open (clap), fully awake, fully aware. Wide-awake now, leaving that scene altogether, coming right back here with us.

END OF REPORT